

Study, Study, Study! Advice on how to organise, revise and keep exam STRESS down.

Here are a selection of videos for you that provide information on:-

- 1 Evidence based revision techniques
- 2 Ways to keep stress around exams at a manageable level

<https://www.youtube.com/watch?v=VL2EBmknPpg>

<https://www.youtube.com/watch?v=wDhj8dF365Y>

<https://classteaching.wordpress.com/2015/01/29/supporting-learning-through-effective-revision-techniques/>

<https://www.youtube.com/watch?v=-RZ86OB9hw4>

<https://www.youtube.com/watch?v=7AgswlakjRw>

https://www.youtube.com/watch?v=nmexQDO4c_8

<https://www.youtube.com/watch?v=ukLnPblffxE>

<https://www.youtube.com/watch?v=XgGrfz3Pfa4>